



# BREAKFAST

~ ALL DAY ~

## LIGHT BREAKFAST

### BERRY BOWL 10

strawberries, blueberries, raspberries  
add yogurt or whipped cream +2

### OATMEAL 10

gluten free oats, butter, golden raisins, brown sugar, your choice of milk | allow 10 extra minutes  
add fresh berries +2 | soy, oat, almond milk +1

### GRAIN BOWL 18

quinoa, local smoked salmon, avocado, mixed greens, green onions, cucumber, cherry tomatoes, red wine vinaigrette, everything bagel seasoning  
add two organic eggs +5

### AVOCADO TOAST 13

smashed avocado, lime juice, fresh oregano, roasted cherry tomatoes, alfalfa sprouts, seven grain toast  
add two organic eggs +5

### SALMON PLATE 20

local smoked salmon, dill cream cheese, mixed greens, tomato, red onion, capers, lemon, rustic white toast  
add two organic eggs +5

## SWEET BREAKFAST

### BELGIAN WAFFLES 16

belgian waffle, fresh berries, whipped cream, real grade A amber maple syrup  
please allow 10 extra minutes

### FRENCH TOAST 16

thick-cut brioche french toast, fresh berries, whipped cream, real grade A amber maple syrup

### BUTTERMILK PANCAKES 15

three fluffy pancakes, butter, whipped cream, real grade A amber maple syrup

### HOUSE MADE GRANOLA 10

gluten free oats, raisins, almonds, coconut, sunflower and flax seeds, milk or yogurt  
add fresh berries +2 | soy, oat, almond milk +1

## EGGS

### LILAC BREAKFAST 18

two organic eggs, choice of applewood smoked bacon or chicken apple sausage, breakfast potatoes, rustic white toast  
egg whites +2

### BREAKFAST SANDWICH 17

two fried organic eggs, black forest ham, sharp cheddar cheese, baby arugula, house made pesto, brioche toast  
egg whites +2

## BENEDICTS

two soft-poached organic eggs, hollandaise sauce, rustic white toast rounds, side of mixed greens and cherry tomatoes

### CLASSIC EGGS BENEDICT 17

canadian bacon

### CALIFORNIA BENEDICT 17

sautéed spinach, tomato, avocado

### EGGS ROYALE 19

local smoked salmon

## QUICHES 14

allow 10 extra minutes for quiche to be heated  
choice of quiche served with a side of mixed greens and cherry tomatoes  
substitute side salad for half lilac salad +6

### QUICHE LORRAINE

black forest ham, jarlsberg swiss cheese, caramelized shallots

### VEGETABLE QUICHE

mushrooms, red peppers, caramelized shallots, spinach, jarlsberg swiss cheese

## OMELETTES 16

made with three organic eggs, served with mixed greens and cherry tomatoes, rustic white toast

### HAM AND CHEESE OMELETTE

ham, bacon, cheddar cheese

### GARDEN OMELETTE

mushrooms, spinach, caramelized onions, tomato, swiss cheese, avocado

### FARMER'S OMELETTE

ham, onions, red peppers, potatoes, cheddar cheese

## SIDES

TWO ORGANIC EGGS	5
APPLEWOOD SMOKED BACON	4
CHICKEN APPLE SAUSAGE	4
SMOKED SALMON	6
TOAST	5
BREAKFAST POTATOES	4
FRESH BERRIES	5

## BREAKFAST BUBBLES

MIMOSAS	
orange, peach, guava	10
SPARKLING	
Nicolas Feuillatte 187 mL	16
Domaine Ste Michelle glass 750 mL	9 36