



BREAKFAST

~ ALL DAY ~

LIGHT BREAKFAST

BERRY BOWL 14.50

strawberries, blueberries, raspberries
with yogurt or whipped cream

OATMEAL 13

gluten free oats, butter, golden raisins, brown
sugar, your choice of milk | allow 10 extra minutes
add fresh berries +2 | soy, oat, almond milk +1

GRAIN BOWL 18

quinoa, local smoked salmon, avocado, mixed
greens, green onions, cucumber, cherry tomatoes,
red wine vinaigrette, everything bagel seasoning
add two organic eggs +5

AVOCADO TOAST 15

smashed avocado, lime juice, fresh oregano,
roasted cherry tomatoes, alfalfa sprouts, seven
grain toast
add two organic eggs +5

SALMON PLATE 20

local smoked salmon, dill cream cheese, mixed
greens, tomato, red onion, capers, lemon, rustic
white toast
add two organic eggs +5

SWEET BREAKFAST

BELGIAN WAFFLES 18

belgian waffle, fresh berries, whipped cream,
real grade A amber maple syrup
please allow 10 extra minutes

FRENCH TOAST 18

thick-cut brioche french toast, fresh berries,
whipped cream, real grade A amber maple syrup

BUTTERMILK PANCAKES 17

three fluffy pancakes, butter, whipped cream,
fresh berries, real grade A amber maple syrup

HOUSE MADE GRANOLA 12

gluten free oats, raisins, almonds, coconut,
sunflower and flax seeds, milk or yogurt
add fresh berries +2 | soy, oat, almond milk +1

BREAKFAST BUBBLES

MIMOSAS		
orange, peach, guava		12
SPARKLING		
Nicolas Feuillatte 187 mL		18
Domaine Ste Michelle glass 750 mL		10 38
Veuve Clicquot 750 mL		95
Veuve Clicquot Rosé 750 mL		110

EGGS

LILAC BREAKFAST 19.50

two organic eggs, choice of applewood smoked
bacon or chicken apple sausage, breakfast
potatoes, rustic white toast
egg whites +2

BREAKFAST SANDWICH 18

two fried organic eggs, black forest ham, sharp
cheddar cheese, baby arugula, house made pesto,
brioche toast
egg whites +2

BENEDICTS

two soft-poached organic eggs, hollandaise
sauce, rustic white toast rounds, side of mixed
greens and cherry tomatoes

CLASSIC EGGS BENEDICT 18

canadian bacon

CALIFORNIA BENEDICT 18

sautéed spinach, tomato, avocado

EGGS ROYALE 20

local smoked salmon

QUICHES 16

choice of quiche served with a side of mixed
greens and cherry tomatoes
substitute side salad for half lilac salad +6

QUICHE LORRAINE

black forest ham, jarlsberg swiss cheese,
caramelized shallots

VEGETABLE QUICHE

mushrooms, red peppers, caramelized shallots,
spinach, jarlsberg swiss cheese

OMELETTES

made with three organic eggs, served with mixed
greens and cherry tomatoes, rustic white toast

HAM AND CHEESE OMELETTE 18

ham, bacon, cheddar cheese

GARDEN OMELETTE 19

mushrooms, spinach, caramelized onions, tomato,
swiss cheese, avocado

FARMER'S OMELETTE 18

ham, onions, red peppers, potatoes, cheddar
cheese

HUEVOS RANCHEROS 17

two fried organic eggs over a pan-fried tortilla and
black beans, slathered with house made rancho
salsa, topped with fresh pico de gallo, queso
fresco, cilantro, and avocado

SIDES

TWO ORGANIC EGGS	5
YOGURT	4
APPLEWOOD SMOKED BACON	4
CHICKEN APPLE SAUSAGE	4
SMOKED SALMON	6
TOAST	4
BREAKFAST POTATOES	5
FRESH BERRIES	6
AVOCADO	4