

BREAKFAST

LIGHT BREAKFAST

BERRY BOWL 14.50

strawberries, blueberries, raspberries with yogurt or whipped cream

OATMEAL 13

gluten free oats, butter, golden raisins, brown sugar, your choice of milk | allow 10 extra minutes add fresh berries +2 | soy, oat, almond milk +1

GRAIN BOWL 19

quinoa, local smoked salmon, avocado, mixed greens, green onions, cucumber, cherry tomatoes, red wine vinaigrette, everything bagel seasoning add two organic eggs +5

AVOCADO TOAST 16

smashed avocado, lime juice, fresh oregano, roasted cherry tomatoes, alfalfa sprouts, seven grain toast add two organic eggs +5

SALMON PLATE 22

local smoked salmon, dill cream cheese, mixed greens, tomato, red onion, capers, lemon, rustic white toast

add two organic eggs +5

SWEET BREAKFAST

BELGIAN WAFFLES 19

belgian waffle, fresh berries, whipped cream, real grade A amber maple syrup please allow 10 extra minutes

FRENCH TOAST 19

thick-cut brioche french toast, fresh berries, whipped cream, real grade A amber maple syrup

BUTTERMILK PANCAKES 18

three fluffy pancakes, butter, whipped cream, fresh berries, real grade A amber maple syrup

HOUSE MADE GRANOLA 12

gluten free oats, raisins, almonds, coconut, sunflower and flax seeds, milk or yogurt add fresh berries +2 | soy, oat, almond milk +1

BREAKFAST BUBBLES

	MIMOSAS orange, peach, guava SPARKLING	12
	Nicolas Feuillatte 187 mL	18
		38
. 1	Veuve Clicquot 750 mL	95
i	Veuve Clicquot Rosé 750 mL	110

EGGS

LILAC BREAKFAST 22

two organic eggs, choice of applewood smoked bacon or chicken apple sausage, breakfast potatoes, rustic white toast egg whites +2

BREAKFAST SANDWICH 19

two fried organic eggs, black forest ham, sharp cheddar cheese, baby arugula, house made pesto, brioche toast egg whites +2

BENEDICTS

two soft-poached organic eggs, hollandaise sauce, rustic white toast rounds, side of mixed greens and cherry tomatoes

CLASSIC EGGS BENEDICT 19 canadian bacon CALIFORNIA BENEDICT 19 sautéed spinach, tomato, avocado

EGGS ROYALE 21 local smoked salmon

QUICHES 18

choice of quiche served with a side of mixed greens and cherry tomatoes subsitute side salad for half lilac salad +6

QUICHE LORRAINE black forest ham, jarlsberg swiss cheese, caramelized shallots

VEGETABLE QUICHE mushrooms, red peppers, caramelized shallots, spinach, jarlsberg swiss cheese

OMELETTES

cheese

made with three organic eggs, served with mixed greens and cherry tomatoes, rustic white toast

HAM AND CHEESE OMELETTE 19 ham, bacon, cheddar cheese

GARDEN OMELETTE 20 mushrooms, spinach, caramelized onions, tomato, swiss cheese, avocado

FARMER'S OMELETTE 19 ham, onions, red peppers, potatoes, cheddar

HUEVOS RANCHEROS 19

two fried organic eggs over a pan-fried tortilla and black beans, slathered with house made ranchero salsa, topped with fresh pico de gallo, queso fresco, cilantro, and avocado

SIDES

TWO ORGANIC EGGS	5
YOGURT	4
APPLEWOOD SMOKED BACON	4
CHICKEN APPLE SAUSAGE	5
SMOKED SALMON	7
TOAST	6
BREAKFAST POTATOES	6
FRESH BERRIES	6
AVOCADO	4