



BREAKFAST

~ ALL DAY ~

LIGHT BREAKFAST

BERRY BOWL 14.50

strawberries, blueberries, raspberries
with yogurt or whipped cream

OATMEAL 13

gluten free oats, butter, golden raisins, brown sugar,
your choice of milk | allow 10 extra minutes
add fresh berries +2 | soy, oat, almond milk +1

GRAIN BOWL 19

quinoa, local smoked salmon, avocado, mixed greens,
green onions, cucumber, cherry tomatoes, red wine
vinaigrette, everything bagel seasoning
add two organic eggs +5

AVOCADO TOAST 16

smashed avocado, lime juice, fresh oregano, roasted
cherry tomatoes, alfalfa sprouts, seven grain toast
add two organic eggs +5

SALMON PLATE 22

local smoked salmon, dill cream cheese, mixed greens,
tomato, red onion, capers, lemon, rustic white toast
add two organic eggs +5

CROQUE MONSIEUR 15

thinly sliced black forest ham, rustic white toast, house
made mornay sauce served with a side of mixed greens
and cherry tomatoes
add two organic eggs +5 (CROQUE MADAME)

SWEET BREAKFAST

BELGIAN WAFFLES 19

belgian waffle, fresh berries, whipped cream,
real grade A amber maple syrup
please allow 10 extra minutes

FRENCH TOAST 19

thick-cut brioche french toast, fresh berries, whipped
cream, real grade A amber maple syrup

BUTTERMILK PANCAKES 18

three fluffy pancakes, butter, whipped cream,
fresh berries, real grade A amber maple syrup

HOUSE MADE GRANOLA 12

gluten free oats, raisins, almonds, coconut, sunflower
and flax seeds, milk or yogurt
add fresh berries +2 | soy, oat, almond milk +1

BREAKFAST BUBBLES

MIMOSAS

orange, peach, guava 12

SPARKLING

Nicolas Feuillatte 187 mL 18

Domaine Ste Michelle glass|750 mL 10|38

Veuve Clicquot 750 mL 95

Veuve Clicquot Rosé 750 mL 110

EGGS

LILAC BREAKFAST 22

two organic eggs, choice of applewood smoked
bacon or chicken apple sausage, breakfast
potatoes, rustic white toast
egg whites +2

BREAKFAST SANDWICH 19

two fried organic eggs, black forest ham, sharp
cheddar cheese, baby arugula, house made pesto,
brioche toast
egg whites +2

BENEDICTS

two soft-poached organic eggs, hollandaise
sauce, rustic white toast rounds, side of mixed
greens and cherry tomatoes

CLASSIC EGGS BENEDICT 19

canadian bacon

CALIFORNIA BENEDICT 19

sautéed spinach, tomato, avocado

EGGS ROYALE 21

local smoked salmon

QUICHES 18

choice of quiche served with a side of mixed
greens and cherry tomatoes
substitute side salad for half lilac salad +6

QUICHE LORRAINE

black forest ham, jarlsberg swiss cheese,
caramelized shallots

VEGETABLE QUICHE

mushrooms, red peppers, caramelized shallots,
spinach, jarlsberg swiss cheese

OMELETTES

made with three organic eggs, served with mixed
greens and cherry tomatoes, rustic white toast

HAM AND CHEESE OMELETTE 19

ham, bacon, cheddar cheese

GARDEN OMELETTE 20

mushrooms, spinach, caramelized onions, tomato,
swiss cheese, avocado

FARMER'S OMELETTE 19

ham, onions, red peppers, potatoes, cheddar
cheese

HUEVOS RANCHEROS 19

two fried organic eggs over a pan-fried tortilla and
black beans, slathered with house made ranchero
salsa, topped with fresh pico de gallo, queso
fresco, cilantro, and avocado

SIDES

TWO ORGANIC EGGS 5

YOGURT 4

APPLEWOOD SMOKED BACON 4

CHICKEN APPLE SAUSAGE 5

SMOKED SALMON 7

TOAST 6

BREAKFAST POTATOES 6

FRESH BERRIES 6

AVOCADO 4